




boarders menu.

week 1

meal	monday	tuesday	wednesday	thursday	friday	saturday	sunday
something special							
main	Burger... Chicken fillet Beef	Lamb Tagine, Cous Cous	Hot sandwiches; Pulled Pork Pulled Chicken Selection of Buns With slaw and Wedges	Tuna nicoise	Cod with Herb Crushed Potato, White wine Cream sauce	Thai Green Curry with Fish or Chicken, Fragrant Rice, Pak Choi	Roast of the Day, Yorkshire Pudding, Stuffing Gravy
vegetarian	Quorn	Vegetable Tagine, Cous Cous	Grilled halloumi and pepper	Lentil dahl curry	Stuffed Squash	Tofu Curry, Fragrant Rice, Pak Choi	Cauliflower Cheese Gratin
salad	Make your own salad Varieties of seasonal salads	Make your own salad Varieties of seasonal salads	Make your own salad Varieties of seasonal salads	Make your own salad Varieties of seasonal salads	Make your own salad Varieties of seasonal salads	Make your own salad Varieties of seasonal salads	Make your own salad Varieties of seasonal salads
Salad dressing	Olive oil Balsamic Thousand island Caesars dressing French dressing	Olive oil Balsamic Thousand island Caesars dressing French dressing	Olive oil Balsamic Thousand island Caesars dressing French dressing	Olive oil Balsamic Thousand island Caesars dressing French dressing	Olive oil Balsamic Thousand island Caesars dressing French dressing	Olive oil Balsamic Thousand island Caesars dressing French dressing	Olive oil Balsamic Thousand island Caesars dressing French dressing
vegetables	Seasonal vegetables	Seasonal vegetables	Seasonal vegetables	Seasonal vegetables	Seasonal vegetables	Seasonal vegetables	Seasonal vegetables
dessert	Fresh Fruit Jelly Pots Ice cream sundae	Fresh Fruit Jelly Pots Chocolate torte	Fresh Fruit Jelly Pots Apple pie, custard	Fresh Fruit Jelly Pots Homemade cream eclairs	Fresh Fruit Jelly Pots Fruit kebabs	Fresh Fruit Jelly Pots Honeycomb parfait	Fresh Fruit Jelly Pots Raspberry tart