

afternoon break.

	monday	tuesday	wednesday	thursday	friday
junior school	Whole grain cereal cupcakes	Rice crackers	Granola bites	Fruit kebabs	frozen yogurt fruit pot
senior school	Fruit smoothie station	Banana bread	Cheese/tomato melt	Dried fruit bar	frozen yogurt fruit pot
hydration	Tea infusions Water Orange squash	Tea infusions Water Orange squash	Tea infusions Water Orange squash	Tea infusions Water Orange squash	Tea infusions Water Orange squash