

**Junior Football Coaching Course**  
**Tuesday 1<sup>st</sup> - Friday 4<sup>th</sup> September 2009**  
**From 3.00pm to 6.00pm**

The course will be run by Mr Creag Lawrence, (Head of Football, F.A. Level 2 Coach), who is both a classroom teacher and PE teacher at Chigwell School and a qualified First-Aider.

The coaching sessions will be organised for all ability levels and each child will spend as much time with a ball as possible in order to aid their development. Practices will be organised to cover a number of areas including:

- Small Sided Games
- Tactical and functional Activities
- Individual ball skills
- Fun Games

All participants will need to wear appropriate clothing and footwear throughout the course. The children will also need to bring a water bottle and shin pads.

For more information about the course please contact Mr C. Lawrence on 0208 501 5768 or e-mail [clawrence@chigwell-school.org](mailto:clawrence@chigwell-school.org)

**DATES :** Tuesday 1<sup>st</sup> - Friday 4<sup>th</sup> September

**TIME :** 3.00pm - 6.00pm

**SNACK :**

There will be a number of breaks throughout the course day depending on the weather. Participants are advised to bring a healthy snack (for example, fruit) to all sessions as well as plenty of water.

**AGES :**

The coaching course is open to all pupils going into LI (yr3) through IVth form (yr8) for the academic year 2009-2010. Non-Chigwell pupils are also welcome. The course is open to both boys and girls.

**GROUPS:**

To ensure enjoyment and compatibility of groups these will be organised by the Course Director according to gender and ability and with every consideration for individual requirements regarding friendships etc. Please note: Boys and girls will be coached separately if the need arises.

**HOW TO BOOK :** Please return the Booking Form together with a cheque made payable to :  
**'Chigwell Mitre Enterprises Ltd'**

**FEES :** The course fee will be **£ 50 per child**

**DEADLINE:** The deadline for applications is **Monday 6<sup>th</sup> July 2009**

**REFUNDS/  
CANCELLATIONS:** A cancellation before **3<sup>rd</sup> August 2009** will be refunded apart from a 20% handling charge. During the month of August the handling charge will be increased to 50% and after August 24<sup>th</sup> **full payment will be required.**

**JUNIOR FOOTBALL COACHING COURSE BOOKING FORM 2009**

Please return this form (one per child) when completed to:  
**Mr C.K. Lawrence,**  
**Chigwell Mitre Enterprises Ltd.,**  
**Chigwell School, High Road, Chigwell, Essex, IG7 6QF**

Family Name ..... (Please Print)

First Names .....

Address .....

..... Post Code .....

Telephone (Home) ..... (Work) ..... Mobile .....

Date of Birth ..... / ..... / ..... Male/Female

Age as at 1<sup>st</sup> September 2009: Years.....Months.....

**Medical Conditions :** .....

I have **read, understood and accepted** the conditions set out herewith and enclose a cheque for the amount of (made payable to 'Chigwell Mitre Enterprises'):

Course Fee        £ .....

Signed ..... Date .....

***BOOKING CONDITIONS***

Chigwell Mitre Enterprises Limited reserve the right to cancel a course with insufficient numbers, but complete fee would be refunded.

Chigwell Mitre Enterprises Limited reserves the right to alter the advertised course should conditions make this necessary.

Chigwell Mitre Enterprises Limited, its servants, agents and employees will not be under any liability whatsoever to anyone in respect of personal injury, sickness, loss or damage, however caused. Fire precautions and regulations for the safety and comfort of course members must be observed.

Chigwell Mitre Enterprises Limited cannot accept responsibility for unaccompanied children, before or after the published time of the course.