

29th Epping Forest Scouts - Kit List for Weekend Camp

Category	Item	Weekend Camp	Notes	Packed?
Big Stuff:	Rucksack	✓	<i>From Removes upwards capacity should be 65-75l</i>	
	Bin liners to line rucksack	✓	<i>Vital, especially on a rainy hike...</i>	
	Sleeping bag	✓	<i>The indoor ones aren't really warm enough for camping.</i>	
	Campamat	✓	<i>Please don't bring lilos or camp beds - campamats are fine</i>	
	Personal groundsheet	?	<i>Group ones are provided, but personal ones can be useful</i>	
Clothes:	Shirt, scarf, woggle	✓		
	29th EF T-shirt(s)	✓		
	Pullover(s)	✓		
	Cagjac or similar waterproof	✓	<i>Must be <b>water</b> proof, not just showerproof</i>	
	Waterproof overtrousers	✓		
	Scarf	?		
	Fleece / warm coat	?		
	Gloves	?		
	Walking socks	✓		
	Spare shirts	✓		
	Spare trousers/shorts	✓	<i>Not jeans for walking</i>	
	Spare socks & underwear	✓	<i>Needed on hikes in case you get wet</i>	
	Swimming trunks	?	<i>If swimming is planned</i>	
	Coathanger	✓	<i>To keep uniform shirt smart.</i>	
	Poly bags for wet/dirty clothes	✓	<i>Very important!</i>	
Sun hat	✓	<i>If sunny</i>		
Shoes:	Wellingtons	✓	<i>Great at Summer Camp</i>	
	Trainers	✓		
	Walking boots	?	<i>Needed for Removes and older, recommended for younger Scouts. Weekend Camp - if hikina</i>	
Toilet:	Handkerchiefs	✓		
	Pyjamas or equivalent	✓		
	Towel	✓		
	Flannel	✓		
	Soap	✓		
	Comb / hairbrush	✓		
	Toothbrush & toothpaste	✓		
	Sun-cream	✓	<i>If sunny</i>	

29th Epping Forest Scouts - Kit List for a Day Hike

	Any other regular medication or toiletries	✓		
Eating:	Plate	✓	<i>Plastic is good; easy to clean and light.</i>	
	Bowl	✓		
	Mug	✓		
	Cutlery	✓		
	Food for journey / snacks	✓		
Miscellaneous:	Torch	✓	<i>On hikes there should be at least 1 per group / tent</i>	
	Waterbottle	✓	<i>Any plastic drinks bottle will do</i>	
	Some money	✓		
	Penknife	?	<i>Removes and above only, and <b>must</b> be shown to Leader at start of expedition</i>	
	Camera	?		
	Spare laces	?		
	Sunglasses	?		
For emergencies	Pen & paper	✓		
	Watch	✓		
	Emergency details	✓	<i>E.g. Route Cards, Emergency Contact Numbers, Map, Compass</i>	
	Mobile phone	?		